**St. Mary’s R.C. Primary School – How do we teach P.E?**

**Intent:**

At St. Mary’s Primary School, We aim to develop pupils who will be physically active and can flourish in a range of different physical activities. The aims of our PE curriculum are to develop pupils who:

* Are willing to practise skills in a range of different activities and situations, alone, in small groups and in teams, and to apply these skills in chosen activities to achieve exceptionally high levels of performance;
* Have and maintain high levels of physical fitness;
* Lead a healthy lifestyle which is achieved by eating sensibly, being aware of the dangers of drugs, smoking and alcohol and exercising regularly;
* Are able to remain physically active for sustained periods of time and have an understanding of the importance of this in promoting long-term health and well-being;
* Take the initiative and become excellent young leaders, organising and officiating, and evaluating what needs to be done to improve, and motivating and instilling excellent sporting attitudes in others;
* Employ imagination and creativity in their techniques, tactics and choreography;
* Are able to improve their own and others’ performance;
* Can work independently for extended periods of time without the need for guidance or support;
* Have a keen interest in PE - a willingness to participate eagerly in every lesson, highly positive attitudes and the ability to make informed choices about engaging fully in extracurricular sport;
* Can swim at least 25 metres before the end of Year 6 and know how to remain safe in and around water.

**Implementation:**

Teachers are provided with an additional management time per year on top of their PPA, to plan their curriculum. As part of this planning process, teachers need to plan the following:

A cycle of lessons for each subject, which carefully plans for progression and depth in the different subject areas. A wide range of sports and activities are delivered from Reception to Year 6 enabling pupils to develop their knowledge and skills in physical education in a variety of different areas.

Specialised sports coaches deliver some of our physical education lessons. We have a resident sports coach in school that provides P.E lessons during teacher’s subject leader and PPA time. We sometimes also invite other external sports coaches in to school to work alongside teachers. This ensures pupils are receiving high quality Physical Education in sport specific areas and also staff are receiving CPD whilst the sessions are being delivered.

Alongside our curriculum provision for P.E. we also provide all pupils with the opportunity to participate in physical activities within our lunch and after school clubs. These clubs may be provided by our school staff or sometimes a resident sports coach or external coach. Pupils are consulted termly about which sports club they would like to be offered.

Pupils are encouraged to take part in competitive sport during their time at St. Mary’s in order to apply their taught skills and knowledge. Throughout the school year all children from Reception to Year 6 are provided with opportunities to compete against other schools from the local area. At the end of the school year pupils also compete in a competitive school games event. Pupils from Reception to Year 6 take part in team games against other schools. Sports that we compete in during the academic year are; mini-skills, gymnastics, football, kurling, hockey, cricket, tag-rugby, swimming, tri-golf and rounders.

St. Mary’s Primary School is part of the Preston Schools Sports Championships. This provides competitions for our pupils against other schools, CPD for staff and leadership opportunities for our pupils. All pupils are encouraged to take part in at least 1 lunch or after school sports club and represent their school in at least 1 team event during the academic year.

**Impact:**

Our PE Curriculum is high quality, well thought out and is planned to demonstrate progression. We focus on progression of knowledge and skills in the different physical activity areas and alike other subjects discreet vocabulary progression also form part of the units of work.

If children are keeping up with the curriculum, they are deemed to be making good or better progress. In addition, we measure the impact of our curriculum through the following methods:

A reflection on standards achieved against the planned outcomes;

Pupil discussions about their learning;

The annual tracking of standards across the curriculum.

The impact of our P.E curriculum is also measured in the uptake of our sports lunch / after school clubs and participation in inter school sports competitions. Each year we aim for 85% of pupils to have attended a sports club or competed against another school in a sport.

External measures are also used to measure the impact of out P.E curriculum.

Reviewed Annually